



Sandtuary Therapeutic & Training Services  
思緣諮商與培訓服務

# Beyond Assessment: Advanced Projective Drawing Interventions in Counselling & Expressive Arts Therapy

繪畫治療-高階班

13 - 15 May 2026

Speaker | Ms. Chiou Min-Li  
邱敏麗 老師

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Organized by:



Sandtuary Therapeutic & Training Services  
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Scan to Register:



## About the Course

This 3-day advanced training workshop (taught in Mandarin) provides advanced interventions using projective techniques, integrating Eastern approaches such as Landscape Montage Technique (風景構成法), Nine-in-One Drawing Method (九宮格畫法), and other advanced techniques into counselling sessions. The workshop emphasizes both the assessment of clients' inner experiences and the use of drawing as a therapeutic intervention to process emotions and material in the unconscious.

Participants will learn a systematic approach to projective techniques while engaging directly in the creative process, experiencing the journey of creation, transformation, and self-awareness. This hands-on learning helps practitioners deepen their connection to the therapeutic experience and apply it effectively in clinical practice.

The course combines theoretical insights with experiential learning, fostering both personal growth and professional development. Participants will also explore Jungian perspectives on symbolism and their practical application in therapy.

**Date: 13 to 15 May 2026**

**Time: 9am to 4.30pm**

**Venue: Lifelong Learning Institute,  
Singapore**

### Fees:

Alumni Special: \$1,100

Early Bird Special: \$1200 (by 28 February 2026)

Regular Course Fee: \$1,500

### Information:

- To ensure an authentic Taiwanese training experience, we'll be conducting this workshop in **MANDARIN**.
- During role-play, participants are welcome to use their first language (e.g., English), but it's important that they can also understand spoken Mandarin.
- Don't worry, if you ever come across complex terms or need translations, we have a friendly assistant from Singapore who will be there to help.
- English handouts are available.
- Art background is NOT required (No worries at all)

## Register

Please click the link or scan the QR code to register.

**Registration Link: [Here](#)**



- **Who Should Attend:** social workers, counsellors, school counsellors, psychologists, play therapists, art therapist and other practitioners involved in direct client work, as well as individuals with a passion for improving their skills and exploring new techniques.
- The course is designed to integrate learners of all levels; participants are NOT required to have attended previous training.

## Chiou Min-Li 邱敏麗

- Former President, The Taiwanese Society for Sandplay Therapy (TSST)
- Deputy Director, Sandplay World (Taiwan)
- Clinical Consultant, Holding Self Counselling Center (Taiwan)
- Consultant, Kavovoyo Trauma Recovery Centre
- Specialty: child abuse, sexual abuse, sexuality issues, school refusal, selective mutism, family relationships, disaster relief



## About the Speaker

Ms. Chiou possesses a wealth of clinical expertise with over 40 years of experience in the field of mental health. She currently serves as Deputy Director at the Holding Self Counseling Centre in Taiwan and as a Consultant at Kavovoyo Trauma Recovery Centre. She has previously held the roles of President of the Taiwanese Society for Sandplay Therapy and Secretary of the Association for Taiwan Play Therapy. Her extensive clinical experience spans working with individuals across all age groups. Her specialization areas include Clinical Psychology, Analytical Psychology (Jungian), Sandplay Therapy, Crisis Counselling, Expressive Arts Therapy, and Play Therapy. Ms. Chiou's career in mental health began in the early 1980s when she provided counselling and therapy at mental health hospitals in Japan. Upon her return to Taiwan, she continued to make significant contributions to the field by collaborating with hospitals, educational institutions, and non profit agencies. It is noteworthy that during the 921 earthquakes in 1999, she initiated a crisis relief team employing sandtray therapy. Furthermore, she provided her clinical expertise as a consultant during disaster relief efforts in response to the 521 earthquake in China in 2008. At present, Ms. Chiou fulfils the role of an appointed clinical consultant for various Taiwanese schools and hospitals, where she supervises counsellors, psychologists, and art therapists and provides consultation services internationally.

In addition to her clinical practice, Ms. Chiou has accumulated extensive international teaching experience spanning over 15 years, with teaching engagements in Taiwan, Japan, and China. Her profound interest in Analytical Psychology and Expressive Arts Therapy, particularly in Sandplay Therapy and Projective Assessment was cultivated during her pursuit of Master of Clinical Psychology from Tokyo Gakugei University in Japan. This period coincided with the early development of expressive arts therapy and sandplay therapy in Japan, and Ms. Chiou had the honor of being one of the pioneering students conducting research on expressive arts therapy and sandplay therapy alongside her pioneering mentor. To this day, she skilfully incorporates the use of art in psychotherapy while infusing elements of Asian culture into her clinical practice of counselling and teaching