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The Meaning of Earth:
Holding and Transformation

24.07.2026 - 25.07.2026

Speaker: **Dr. Yasuhiro Yamanaka, MD, PhD**

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Translator: **Ms. Chiou Min-li**

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Singapore/Taiwan Time (GMT+8) | 9:00 AM – 4:30 PM | Zoom

In collaboration with: Sandplay World Expressive & Healing Development Center (Taiwan)
Holding Self Counseling Center (Taiwan)
Kavovoyo Trauma Resilience Centre (Taiwan)
Taiwan Association of Psychotherapy (Taiwan)
Nagomi Terrace 真備に千の光 (Japan)
Sandtuary Therapeutic & Training Services (Singapore)
Kyoto Bunkyo University (Japan)

Organiser :



沙遊世界
表達與療癒發展中心
Playing, Listening, Healing



禾心
心理諮商所
HOLDING SELF
COUNSELING CENTER



山馬茶創傷復原中心
YAMAMOTO TRAUMA AND RESILIENCE CENTER



The Meaning of Earth: Holding and Transformation

Sandtuary Therapeutic & Training Services is honored to partner in this webinar, organized by our collaborators in Taiwan: Sandplay World Expressive & Healing Development Center (沙遊世界表達與療癒發展中心), Holding Self Counseling Center (禾心心理諮商所), and Kavovoyo Trauma Resilience Centre (山馬茶創傷復原中心). Informed by more than a decade of experience in disaster relief and trauma recovery, these collaborators have engaged in sustained work across both community and clinical settings.

Centered on the theme of Earth, this webinar features a cross-cultural exchange with **Dr. Yasuhiro Yamanaka**, exploring its meaning through geological, mythological, and depth psychological perspectives. It examines how experiences of disruption are encountered, held, and made meaningful within therapeutic relationships and clinical contexts. Bringing together collaborators across **Taiwan, Singapore and Japan**, this webinar integrates diverse perspectives on trauma, symbol, and healing.

Earth embodies a fundamental duality: it is both generative and destructive. Across cultures, the earth is often represented through maternal figures in myth, appearing as earth goddesses associated with life, fertility, and the capacity to hold and sustain. In Jungian psychology, this recurring image is understood as the archetype of the Great Mother, encompassing both the life-giving and destructive aspects of the psyche.

From a geological perspective, tectonic pressure, deformation, and subduction can give rise to powerful earthquakes. When individuals and communities encounter such forces, the very ground that once provided safety becomes unstable. In these moments, the symbolic foundation of security is shaken. What once held and contained may become overwhelming and unpredictable, leaving deep and enduring imprints on the psyche.

This webinar explores the meaning of Earth through geological, mythological, and depth psychological perspectives, examining how experiences of disruption of ground, safety, and stability are expressed, held, and worked through within therapeutic relationships and clinical contexts.



24 Jul - 25 Jul 2026



9:00 AM – 4:30 PM
Singapore/Taiwan Time
(GMT+8)



Zoom



Standard Fee: 8,900 NTD
(approximately SGD 375; USD 280)

Early Bird Fee (until 12 June 2026): 7,800 NTD
(approximately SGD 330; USD 245)

Sandtuary Alumni (until registration closes): 7,800 NTD
(approximately SGD 330; USD 245)



Contact for Enquiries

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Recording: The full webinar will be recorded, and participants will receive access to the recording for review for up to 30 days following the seminar. Please note that access to the recording is intended for registered participants only.



Who Should Attend:

Psychologists, social workers, psychiatrists, school counsellors, sandplay therapist, play therapists, art therapists, related practitioners, and graduate students, as well as individuals who feel a connection with the earth and are interested in symbolism, are invited to participate.

Please scan the QR code to [Register](#).



Event Website: [Here](#)

FEATURED SPEAKER



Dr. Yasuhiro Yamanaka, MD, PhD is a founding member of the International Society for Sandplay Therapy (ISST) and an internationally recognized leader in sandplay therapy, analytical psychology, psychiatry, clinical psychology, and expressive arts therapy. He is also Professor Emeritus at Kyoto University, with extensive experience in clinical and psychiatric practice. He serves as Director of the 京都ヘルメス研究所 and was a member of the 19th term of the Science Council of Japan. He is a long-standing contributor to the development of sandplay therapy, analytical psychology, horticultural therapy, and expressive arts therapy in Japan. His work reflects a deeply relational and holistic approach to healing, emphasizing the connection between human experience and the natural world.

Drawing on his engagement with horticultural therapy, he highlights the importance of direct, sensory contact with soil and plant life not merely as aesthetic experience, but as a vital process of psychological restoration. Within psychiatric and psychotherapeutic contexts, he understands recovery as a relational and experiential process. He has received numerous international awards since the mid-1990s in recognition of his contributions to mental health and the psychopathology of expression, and continues to contribute actively to the field. He has at times described this orientation through the metaphor of a “river counselor” (Kawanselor; 河流諮商師), reflecting his belief that human beings are an integral part of nature, and that healing unfolds through reconnecting with its rhythms.