



Exploring Creation and Destruction in Sandplay Therapy through the Goddess Pele

Aloha, Singapore!

We are excited to invite you to a special event where you'll have the chance to connect with Dr. Lorraine R. Freedle as she shares insights from her latest book, *When a Goddess Erupts: Pele in the Psyche of Women*. Join us for an enriching weekend, where we'll explore Sandplay Therapy through Dr. Freedle's work, connect with the archetypal energy of Goddess Pele. This gathering offers a unique opportunity to participate in an in-person Sandplay Therapy seminar, engage in group supervision, and form meaningful connections with like-minded individuals. After the seminar, we warmly invite you to a casual and inspiring dinner with Dr. Freedle. This will be a wonderful chance to hear about her journey in writing her book, listen to a chapter reading, and engage in open conversations about Sandplay Therapy, personal reflections, and shared experiences. Whether you're already practicing Sandplay Therapy or are completely new to it, you are wholeheartedly welcome. We aim to create a warm and supportive space where authentic conversations flow, personal insights are shared. All you need is curiosity, an open heart, and a desire to connect.

Saturday
29 March 2025
3pm-6pm

Sandplay Seminar: Creation and Destruction in Sandplay Therapy

Dr. Freedle will present on the profound theme of creation and destruction in Sandplay Therapy, examining how these opposing yet interconnected forces shape the healing process. Through this seminar, Dr. Freedle will explore the tension and dynamic interplay between these elements, offering a perspective that beautifully weaves together the heart and science of Sandplay.

This seminar provides an opportunity for both experienced practitioners and those new to Sandplay Therapy to gain deeper insight, refine their understanding, and incorporate new perspectives into their professional and personal practice.

Sunday
30 March 2025
Group Supervision
Group 1: 10am-12:15pm
Group 2: 2pm-4:15pm

In this group supervision, a case presenter from Singapore will share a case with the group, while others observe as witnesses. This session provides a valuable opportunity to learn about the Sandplay Therapy process in a supportive environment. This group supervision is open to clinicians practicing Sandplay Therapy, as well as those curious about the approach who may not yet have had the opportunity to be trained or learn more about it. Even if you are not trained in Sandplay, come with an open heart and curiosity, we warmly welcome you to join us. Together, we will connect with the collective wisdom and witness the transformative process of Sandplay Therapy.

Fees:

We would love to have you join us!
You have the flexibility to choose the option that best suits you:

Single Event Options:

- ◆ Sandplay Seminar – **SGD 250** per person
- ◆ Supervision Group – **SGD 180** per person, per session

Bundle Options:

- ◆ Seminar + Supervision Bundle – **SGD 400** (Seminar + 1 Group Supervision Session)
- ◆ Supervision Bundle – **SGD 330** (Supervision Group 1 + Group 2)

Full Sandplay Weekend Experience:

- ◆ **SGD 550** (Includes Sandplay Seminar + 2 Group Supervisions)

Participants may sign up for all sessions or choose the individual session(s) they wish to attend. The event will be hosted in Singapore. The venue address will be provided closer to the event date.

Registration

Please click the link
<https://shorturl.at/JQ0HJ>
to register, or scan the QR code.



Lorraine Razzi Freedle, PhD is a resident of East Hawai'i Island, a licensed clinical psychologist and social worker in Hawai'i and New Mexico, and a passionate sandplay therapist and teacher (STA/ISST). She lectures internationally, both in-person and online. Deeply rooted in values of generosity, lifelong growth, and community, Dr. Freedle offers her clients and trainees compassionate attunement, supporting them in overcoming life's challenges and reconnecting with their source of inspiration.

Dr. Freedle's book, *When a Goddess Erupts: Pele in the Psyche of Women* stems from decades of psychotherapy practice where Pele has appeared in the work of her clients. Lorraine has also been profoundly moved by her personal encounters with Pele and the resilience shown by her community during the 2018 Kilauea eruption—the most destructive in Hawai'i in over 200 years.

With doctoral training in neuropsychology and a board certification in pediatric neuropsychology, Dr. Freedle's research interests center on the areas of trauma, neuropsychology, and sandplay therapy. She has published numerous articles, including award-winning research in the evidence base of sandplay therapy, sandplay therapy with individuals with brain injury, and sandplay therapy with youth with co-occurring trauma and substance abuse. Lorraine is the co-producer and director of the documentary film, *Fire and Sand: Healing in the wake of the 2018 Kilauea eruption*—winner of "Best Hawai'i Film in 2019" through the Honolulu Film Awards and the "Humanitarian and Social Justice Award" at the Santa Fe Film Festival.

Dr. Freedle is the owner/operator of Black Sand Neuropsychological Services, Inc., her private practice in Hilo, Hawai'i.