

Recovering Sacred Body Sandplay Therapy in the Treatment of Sexual Trauma

神聖與重生
沙遊治療於性創傷療癒之旅

6/Sep(Sat)-7/Sep(Sun)

Speaker: Dr. Lorraine R. Freedle, PhD.

President-Elect, International Society for Sandplay Therapy (ISST)
Former President, Sandplay Therapists of America (STA)

Translator: Dr. Catherine Chu, Psy.D.

Assistant Professor, Department of Counseling, National Chiayi University, Taiwan

Format: Zoom

Collaboration Partner:

Sandtuary Therapeutic & Training Services

思緣諮商與培訓服務

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Sandtuary (思緣諮商與培訓服務) is honored to announce this online seminar, which will be hosted by our international partners in Taiwan, including SandplayWorld (沙遊世界), Holding Self Counseling Centre (禾心諮商所), and Kavovoyo Trauma Recovery Centre (山馬茶創傷復原中心).

With the intention of sharing the vital work of trauma recovery and our deep love for Sandplay Therapy, we warmly invite you to join this enriching online seminar. Whether you are an experienced Sandplay practitioner or new to this approach, we encourage you to participate with an open heart and curiosity.

This seminar offers a unique opportunity to integrate the profound wisdom of Sandplay Therapy with the science of trauma recovery, particularly for professionals who support individuals impacted by sexual trauma. Particular attention will be given to the application of Dr. Bruce Perry's Neurosequential Model and Dr. Don Kalsched's theories on the dissociating psyche—what he identifies as the core complex of the traumatized psyche. These concepts will come to life through compelling case studies, experiential activities, and engaging discussions. In addition to gaining expert knowledge that will enhance your practice, you will also experience the warmth, depth, and growth energy shared by our esteemed speaker from Hawaii. This event promises to provide a unique glimpse into the transformative journey of supporting clients affected by trauma, offering both professional development and a deep sense of connection.

Date: 06 to 07 September 2025

Time: 930am to 4.30pm (Taiwan Time)

Format: Zoom (Online)

Fees:

Standard Fee: 9000 NTD (approximately SGD 395 ; USD 305)

Early Bird Fee: 7700 NTD (approximately SGD 340 ; USD 270)

*The fees are quoted in New Taiwan Dollars (NTD).

Learning Objectives:

1. Describe the seven key tenets of sandplay therapy and their relevance as a trauma-informed method.
2. Explain the neuropsychological impact of sexual assault and its long-term effects on brain development, the mind-body connection, and relational functioning.
3. Identify common clinical symptoms of trauma survivors—including dissociative defense structures, self-persecutory behaviors, and affective dysregulation.
4. Assess the primacy of the therapeutic relationship in trauma treatment and practice skills for trauma-responsive therapeutic presence during small group activities.
5. Evaluate sandplay activities that promote self-regulation and neurodevelopment using the Neurosequential Model.
6. Analyze symbols and archetypes that may represent trauma defense systems as well as resiliency as they appear in sandplay scenes, using case examples presented during the workshop.
7. Develop a plan to utilize sandplay techniques in your clinical practice with survivors of sexual trauma.

Registration:

Please click the link or scan the QR code to register.

Registration Link: [Here](#)



Event Website: [Here](#)

- **Who Should Attend:** This seminar is designed for social workers, counsellors, school counsellors, psychologists, sandplay therapists, play therapists, art therapists, and individuals interested in learning more about Sandplay Therapy and sexual trauma recovery, as well as practitioners supporting individuals impacted by trauma or sexual trauma.
- **Recording:** As the content of this seminar is rich and extensive, participants will receive a recording of the lecture for review and revision for up to **30 days** following the seminar. However, please note that case presentations will not be recorded in order to maintain confidentiality.



Lorraine Razzi Freedle, PhD is a resident of Hawai'i Island, clinical psychologist and social worker, pediatric neuropsychologist, and sandplay teacher (STA/ISST) who practices and lectures at the crossroads of depth psychology and neuroscience. She is on faculty at Southwestern College in Santa Fe, NM and the Trauma Research Foundation. Author of *When a Goddess Erupts: Pele in the Psyche of Women* and many research articles on sandplay, neuropsychology, and trauma, Dr. Freedle also co-produced *Fire and Sand*, an award-winning documentary featuring mobile sandplay in disaster response. She provides clinical oversight to several behavioral health organizations. In 2023, Dr. Freedle was honored with the Lifetime Achievement Award by the National Association of Social Workers, Hawai'i Chapter, in recognition of community service and mentoring the next generation of psychotherapists.

Dr. Freedle is the research editor for the *Journal of Sandplay Therapy* and serves on the boards of the Sandplay Therapists of America (STA past president) and the International Society for Sandplay (ISST president-elect). Locally, she serves in an advisory capacity for Hawai'i Island Psychological Association (HIIPA) and the Sandplay Therapists of Hawai'i (STH). Her private practice is Black Sand Neuropsychological Services in Hilo, Hawai'i. www.lorrainefreedle.com